

# NIH, NCI halt spin on bogus aspartame study

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**By Dr. Betty Martini**

The Calorie Control Council (CCC) has been boasting a 1996 AARP and NIH "Diet & Health Study" they say proves aspartame doesn't cause cancer. On April 18, Don Harkins, editor of the Idaho Observer, called the press secretary for NIH and NCI, Jennifer Thompson, to see what they think of CCC's use of AARP's "study" to exonerate aspartame. Ms. Thompson said the conclusion is "premature" and is "an interesting piece of evidence" but not scientific proof. Harkins reports:

*"Thompson didn't disagree when I indicated it was irresponsible for the CCC, which has a special interest about claims aspartame is safe for human consumption, to have used the abstract from an UNPUBLISHED study to claim aspartame safety. Further, AARP isn't qualified as a scientific research entity to make any claims one way or another. That means CCC, as a special conflicted interest, has no backing for these claims. Likewise, the American Dietetic Assn. And the American Beverage Assn. are conflicted interests unsupported in their claims."*

The American Dietetic Association is funded by aspartame manufacturers. Nevertheless the Associated Press release proclaimed:

*"A huge federal study in people- not rats-takes the fizz out of arguments that the diet soda sweetener aspartame might raise the risk of cancer."*

This prompted a blizzard of articles that aspartame has finally been exonerated and is not a carcinogen.

Dr. Kenneth Stoller, however, said, "No one in their right mind, unless they get payola, sends out a release on their data before the journal they want it published in has a chance to evaluate the study. Now no one will want it, and they probably knew they had a worthless piece of trash that couldn't get published so why not take some payola from whomever and make hay while the sun shines on their slimy little behinds?"

CCC propaganda and that of producers and front groups loudly proclaim that the food survey proved aspartame has no link to leukemias, lymphomas and brain tumors. These profiteers are desperate to overcome public awareness and scientific proof aspartame is deadly. Public distrust for the chemical has so overwhelmed Holland Sweetener, the largest European producer, that they're bailing out of aspartame. Merisant, the American maker, is upsidedown. They owe about \$40 million more than the business is worth. The handwriting is on the wall-at last!

This 10-year old study was curious: When you do an epidemiological study on aspartame, shouldn't you at least ask the participants if they use it? It's in 6,000

foods, but AARP names it in only one of 56 questions. In asking about diet beverages it made no reference to aspartame. Tab and Fresca have aspartame but aren't "diet," so wouldn't be counted as aspartame sources. The 16-page memory-test took 30 minutes or so to complete. Did they remember eating brownies, oatmeal, strawberries, collards in the last year... or had a hysterectomy. This was no aspartame/ cancer study-call it the S t r a w b e r r y H y s t e r e c t o m y Investigation with Tomatoes on the side! Makes a nice acronym.

As Dr. Ralph Walton, director of Safe Harbor Behavioral Health and professor of clinical psychiatry explained, "If one looked at 12 months of cigarette smoking with up to five years of follow-up one would conclude that cigarettes do not cause cancer."

Enough is enough. These front groups and paid professional organizations intentionally deceive the public. Title 18, Sec 1001 makes it a crime. Many victims pay with their lives for this duplicity. CCC wrote the Miami Herald pushing aspartame on pregnant women with full knowledge it's an abortifacient, and also causes birth defects and mental retardation. ( s e e [http://www.wnho.net/mh\\_aspartame\\_letter.htm](http://www.wnho.net/mh_aspartame_letter.htm).) Neurosurgeon Russell Blaylock, M.D., set the Herald straight:

*"Yesterday I got a Canadian report of an aspartame-addicted mother who lost an eight-week old baby, her third terrible infant death. Poisonous methyl alcohol was found by autopsy. Her two other children were taken away and she's being investigated. She was breast feeding; the toxin went thru to the child and killed it."*

Ten-percent of aspartame turns into methyl (wood) alcohol, one ounce of which is fatal to an adult. Toxicity via mother's milk is documented by researcher and aspartame authority Dr. H. J. Roberts, F.A.C.P., author of three texts on this poison including the 1,038 page "Aspartame Disease, an Ignored Epidemic." He explained in a recent paper that he "Urges ALL pregnant women and mothers who breast-feed to avoid aspartame." This caution has been dramatically demonstrated by the occurrence of convulsions in suckling infants as the mother drank an aspartame soda. The scientific grounds for the foregoing continue to increase. They include:

- ☐ Exposure of the fetus to considerable phenylalanine and methanol.
- ☐ Maternal malnutrition with nausea, vomiting, diarrhea, and a reduction of calories.
- ☐ Transmission of aspartame and its breakdown components via the mother's milk.
- ☐ The increased "allergic load" thereby risking future hypersensitivity problems.

Can you possibly imagine the horror and grief visited on the tragic Canadian family? Unless aspartame is exposed she'll be hounded by uninformed suspicions she murdered her own children. That atrocity was performed by the greedy contrivance of men who care not for the consequence of their deadly enterprise. May Jehovah God see to it, and add to it!

The impeccable Ramazzini study peer reviewed by seven world experts has shown conclusively aspartame is a multipotential carcinogen causing leukemia, lymphoma, kidney cancer and cancer of the cranial peripheral nerves. Only the rats fed aspartame got malignant brain tumors. This confirms FDA records two decades ago.

The FDA is obligated to recall it because the Delaney Amendment says if a substance causes cancer in animals it cannot be put in foods. It is adulterated and therefore also violates interstate commerce laws. How long will the government allow the aspartame makers and those they pay for protection to push this poison and go unpunished?

Read "Bogus Aspartame Study Exposed by Experts." For additional comments on the NIH/NCI study at [http://www.wnho.net/bogus\\_aspartame\\_study.htm](http://www.wnho.net/bogus_aspartame_study.htm)>[http://www.wnho.net/bogus\\_aspartame\\_study.htm](http://www.wnho.net/bogus_aspartame_study.htm).

Dr. Betty Martini is founder of Mission Possible International in Duluth, Ga. She wrote this piece in response to a letter written by the CCC responding to a Frost Illustrated article Dr. Gerald Deas wrote on the dangers of aspartame. This version of Dr. Martini's response has been edited for space considerations. For the full text of the letter, contact her at [www.wnho.net](http://www.wnho.net) or [www.dorway.com](http://www.dorway.com).